



# Reading Reflections

## Winter Challenge

December 26, 2021 through March 27, 2022!

We encourage readers of **all ages** to participate!

 Use this challenge to develop a daily reading habit 

 Engage in activities to aid mental health 

 Win gift certificates to Scandinavia businesses! 

### 1 Sign up yourself or your family:

- with the **Beanstack Tracker app** available for Apple products and through the Google App store, -OR-
- online at [scandinavialibrary.beanstack.org](http://scandinavialibrary.beanstack.org), -OR-
- at the library.
- You can sign up **at any time during** this program. It's never too late to begin working on good habits!

### 2 Log your reading & activities using:

- **Beanstack** on your mobile device or desktop computer, -OR-
- paper logs you return to the library, -OR-
- call or email the library with your logging info.

### 3 Earn badges for:

- each day you read at least 20 minutes.
  - logging activities that encourage mental health.
  - reading a book from one of our Recommended Reading lists.
- Reading includes books, ebooks, magazines, newspapers, online fiction, audiobooks and e-audiobooks, as well as reading to or being read to by someone else. Time can be consecutive or broken into smaller segments throughout the day.
- See lists of activities and books on the following pages and in Beanstack.



Scandinavia  
Public Library

READING MORE AND VIKING IT!

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